

Box and Blocks Test Instructions

General Information (derived from Mathiowetz et al, 1985):

- The patient is allowed a 15-second trial period prior to testing
- Immediately before testing begins, the



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Box and Blocks Testing Form

Name: _____

Dominant Hand (circle one): Right Left

Number of blocks transported in one minute:

Date: _____ Dominant Hand: _____ Non-Dominant Hand: _____

Date: _____ Dominant Hand: _____ Non-Dominant Hand: _____

Date: _____ Dominant Hand: _____ Non-Dominant Hand: _____

Date: _____ Dominant Hand: _____ Non-Dominant Hand: _____



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Reference:

Mathiowetz, V., G. Vollaea19M. 9 ("45. 4 A45.-2 d45 6 ou) -3 (t -45.-5 (o) -3 rT) 13 m45. 6 s. or (th) 14

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