PERMISSIONS TO USE THE IPA

"#$!%&'(#!)*+!#,-!.$$/!0$1$234$0!.5!%6!7!8,6032!,/0!%6!9+!0$!:3/;<!834=$-!3>!'#$!%&'(#!)*+!(,/!
.$!3.',=/$0!>63?!'#$!@$.-='$!A#''4BCC@@@</=1$2</2C3(DC4,;$<,-4E*,;$)%FGHIJK!36!>63?B!

7=L!8,6032M!*#%!

REFERENCES

!
W$6-'$/!*Ɱ!8,6032!7Ɱ!c$36;$!VⱮ!\,60!8Ɱ!V=.2$5!+Ɱ!\#='$!9!A=/!46$--Kᶜd,2=0='5!3>!'#$!)?4,('!3/!
*,6'=(=4,'=3/!,/0!+&'3/3?5!]&$-'=3//,=6$!e!,!(3?4,6=-3/!.$'@$$/!'@3!(3&/'6=$-<!%=-,.=2='5!,/0!
Y$#,.=2=','=3/‹!

!
V=.2$5!+Ɱ!Kersten PⱮ!\,60!8%Ɱ!c$36;$!VⱮ!\#='$!9Ɱ!7$#',!YX!ADIINK‹!7$,-&6=/;!,&'3/3?5!=/!
0=-,.2$0!4$342$B!1,2=0,'=3/!3>!,!/$@!-(,2$!=/!,!PW!434&2,'=3/<!82=/=(,2!Y$#,.=2=','=3/!DIAJKBUJHbaIH‹!

!
8,6032!7<!%$!:3/;!9+<!\,60!8%<![/!,&'3/3?5!,/0!4,6'=(=4,'=3/!6$#,.=2=','=3/B!+!6$-43/-$<!
Disability and Rehabilitation.!DIIDf!D_!ATaKB!TIITbTII_<!

W$6-'$/!*<!+&'3/3?5B!'#$!.$!,.$!,22!,/0!$/0!,22!=/!6$#,.=2=','=3/E!Disability and Rehabilitation‹!DIIDf!D_!
ATaKB!JJHbJJG‹!

!
8,6032!7<!%$!:3/;!9+<!\,60!8%<![/!,&'3/3?5!,/0!4,6'=(=4,'=3/!6$#,.=2=','=3/<!Disability and
Rehabilitation‹!DIIDf!D_!ATaKB!JUIbJU_‹

8,6032!7Ɱ!0$!:3/;!9+Ɱ!1,/!0$/!93-!c+Ɱ!9$$2$?!+Ɱ!0$!c633'!):Ɱ!0$!Z,,/!Y:<!9$53/0!0=-,.2='5B!
4$6($=1$0!0!4,6'=(=4,'=3/!6$#,.=2=','=3/4342$!@='#!,!(#63/=(!0=-,.2='5/!(3/0='3/<!Clinical Rehabilitation.!DIIDf!TNB!
DUbHG‹!
!

V(36$ʙ!>36!!
3≫=($!&-$!
3/25!

!

I!
T!
D!
H!
_!
!

I!
T!
D!
H!
_!

V(36$ʙ!>36!!
3≫=($!&-$!
3/25!

Self care A@='#!36!@='#3&'!,=0-!36!!,--=-',/($K!
!
"#$!/$j'!]&$-'=3/-!(3/($6/!53&6!4$6-3/,2!(,6$<!! \ #$/!,/-@$6=/;!'#$-$!
]&$-'=3/-!!#=/L!,.3&'!@#$'#$6!53&!(,/!0$(=0$!53&6-$2>!@#$/!,/0!#3@!53&!@,/'!
'#=/;-!03/$▯!$1$/!@#$/!53&!,6$!,--=-'$0!.5!-3 ? $3/$!$2-$<!
!

D,<!7 5!(#,/($-!3>!;$''=/;!@,-#$0!,/0!06$--$0!the way!)!@=-#!,6$!!
	d$65!c 330!		I!
	c 330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!
			!

D.<!7 5!(#,/($-!3>!;$''=/;!@,-#$0!,/0!06$--$0!when!)!@,/'!'3!,6$!
	d$65!c 330!		I!
	c 330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!
			!

D(<!7 5!(#,/($-!3>!;$''=/;!@,&4!,/0!;3!;=/;!'3!.$0!when!)!@,/'!'!'3!,6$!
	d$65!c 330!		I!
	c 330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!
			!

D0<!7 5!(#,/($-!3>!;3=/;!'3!'#$!'3=2$'!when!)!@=-#!,/0!/$$0!'3!,6$!!
	d$65!c 330!		I!
	c 330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!
			!

D$<!7 5!(#,/($-!3>!$,'=/;!,/0!06=/L=/;!when!)!@,/'!'!'3!,6$! ! !
	d$65!c 330!		I!
	c 330!		T!
	^,=6!		D!
	*336!		

!

V4,($!>36!>&6'#$6!(3 ? ? $/'-!3/!53&6!-$2>!(,6$!A34'=3/,2KB!

! (right column) V(36$B!>36! 3>>=($!&-$! 3/25!

!

!

Activities in and around the house A@='#!36!@='#3&'!,=0-!36!,---=-',/($K!
!
"#$!/$j'!]&$-'=3/-!,6$!,.3&'!'#$!',-L-!,/0!6$-43/-=.=2'=$-!53&!#,1$!,'!#3 ? $M!,/0!
'#$!@,5!53&!#$,2'#!36!0=-,.=2'5!=/>2&$/($-!'#$-$<! \ $!@3&20!2=L$!'3!L/3@!
@#$'#$$6!53&!(,/!0$(=0$!@#$/!,/0!#3@!-3 ? $'#=/;!=--!03/$M!!1/!=>!53&!03/1'!03!=!'
53&6-$2><!
!

!

!

H,<!75!(#,/($-!3>!(3/'6=.&'=/;!'3!233L=/;!!,>'$6!?5!#3 ? $!the way!)!@,/'!'3!,6$!

	d$65!c330!		I!
	c330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!

!

H.<!75!(#,/($-!3>!;$''=/;!!2=;#'!,-L!03/$!,63&/0!'#$!#3&-$!A$<;<!?,L=/;!'$,!36!
(3>>$$KM!$='#$6!.5!?5-$2>!36!.5!3'#$6-M!the way!)!@,/'!#$?!03/$!,6$!! |

	d$65!c330!		I!
	c330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!

!
!

H(<!75!(#,/($-!3>!;$''=/;!#$$,,15!,-L!03/$,63&/0!'#$!#3&-$!A$<;<!(2$,/=/;KM!
$='#$6!.5!?5-$2>!36!.5!3'#$6-M!the way!)!@,/'!#$?!03/$,6$!

	d$65!c330!		I!
	c330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!

!

H0<!75!(#,/($-!3>!;$''=/;!#3&-$@36L!03/$M!$='#$6!.5!?5-$2>!36!.5!3'#$6-M!when!)!
@,/'!#$?!03/$,6$!

	d$65!c330!		I!
	c330!		T!
	^,=6!		D!
	*336!		H!
	d$65!*336!		_!

the way

N(‹!"#$!6$-4$('!)!6$($=1$!>63 ?!4$342$!@#3!,6$!(23-$!'3!?$!=-!   !

V(36$B!>36!
3»=($!&-$!
3/25!

d$65!c 330!

!

Helping and supporting other people A@='#!36!@='#3&'!,=0-!36!!,--=-',/($K!!
!
"#$!/$j'!]&$-'=3/-!,6$!,

Education and Training A@='#!36!@='#3&'!,=0-!36!!,--=-',/($K!!

!

"#$!/$j'!]&$-'=3/-!,6$!,.3&'!'#$!@,5!53&6!#$,2'#!(3/0='=3/!36!0=-,.=2='5!,>>$('!
53&6!(#,/($-!3>!;$''=/;!'#$!$!$0&(,'=3/!36!'6,=/=/;!53&!@,/'<!)>!53&!03!/3'!@=-#!'3!
#,1$!>&6'#$6!$0&(,'=3/!'3!>3223@!,!(3&6-$M!53&!?,5!'=(L!'#$!.3j!m/3'!
,44=(,.2$I<!

!

!   !
J,<!7 5!(#,/($-!!3>!;$''=/;!'#$!$0&(,'=3/!6,=/=/;!!)!@,/'!,6$!   !
!   d$65!c 330!   !   I!
!   c 330!   !   T!
!   ^,=6!   !   D!
!   *336!   !   H!
!   d$65!*336!   !   _!
!   O3'!,44=(,.2$!   !   !
!   !
J.<!)>!53&6!#$,2'#!463.2$?-!36!0=-,.=2='5!,>>$('!53&6!34436'&/='=$-!=/!$0&(,'=36!
'6,=/=/;!M!'3!@#,'!j'/'!03$-!'#=-!(,&-$!53&!463.2$?-E!!
!   O3!463.2$?-!   !   I!
!   7=/36!463.2$?-!   !   T!
!   7,k36!463.2$?-!   !   D!
!   !
V4,($!>36!>&6'#$6!$6!$j42,/,'=3/!6$;,60=/;!53&6!(#,/($-!$0&(,'=36!'6,=/=/;!
A34'=3/,2KB!

!
!
!
!

!