

**Scale for the assessment and rating of ataxia (SARA)**

**1) Gait**

Pro nd s s ed o s fe d s nce p r e o  
nc d ng h f rn rn ro nd of ce he  
oppos ed rec on of g nd o n nde  
hee s o oes ho s ppor

**2) Stance**

Pro nd s s ed o s nd n n r pos on h  
fee oge her n p r e g oes o ch nge ch o her nd

- 0 Normal, no difficulties in walking, turning and walking tandem (up to one misstep allowed)
- 1 Slight difficulties, only visible when walking 10 consecutive steps in tandem
- 2 Clearly abnormal, tandem walking >10 steps not possible
- 3 Considerable staggering, difficulties in half-turn, but without support
- 4 Marked staggering, intermittent support of the wall required
- 5 Severe staggering, permanent support of one stick or light support by one arm required
- 6 Walking > 10 m only with strong support (two special sticks or stroller or accompanying person)
- 7 Walking < 10 m only with strong support (two special sticks or stroller or accompanying person)
- 8 Unable to walk, even supported



