

<p>11. Supinates <u>and</u> pronates forearm (elbow flexed at 90°) “Keeping your elbow bent and close to your side, turn your forearm over so that your palm faces up, then turn your forearm over so that your palm faces down” Note: movement in one direction only = partial movement (score 1a or 1b).</p> <p>12.</p>	/2				
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STANDING AND WALKING ACTIVITIES