

Introduction



Home and Community Based Services Person-Centered
 Outcomes and Measurements

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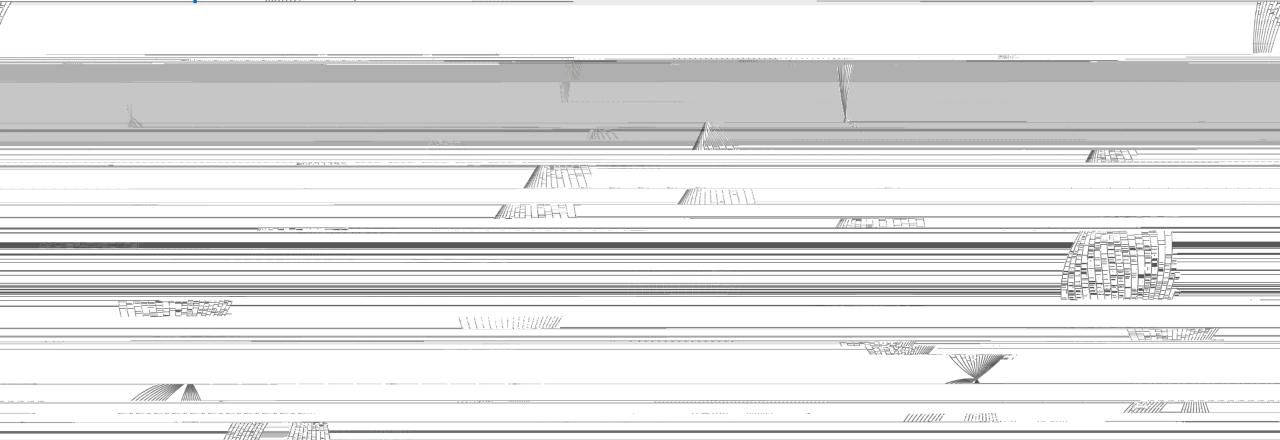


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Home and Community-Based Services (HCBS)



-term supports that promote the independence, well-



The Shift from Institutions to HCBS

oThe federal government has promoted several efforts to serve more people in the community than in institutions.

oRecent years have brought a deeper understanding of and commitment to what community-based supports mean. This is largely a commitment to the principles.

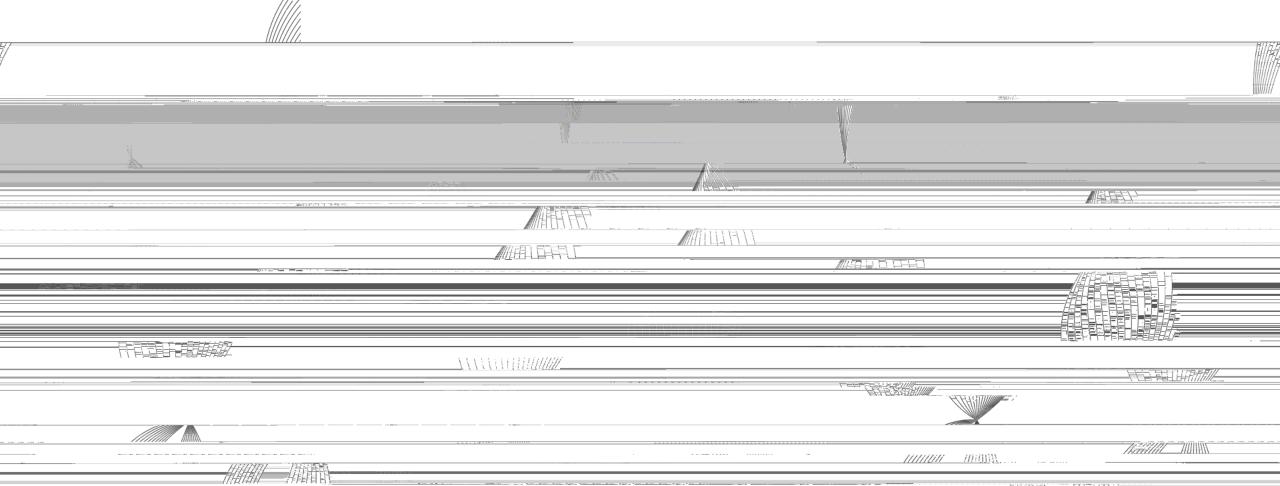
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of person-centered care.

Person-Centered Planning



-directed, positive approach to the planning and



Assuring Person-Centered Care

- oPerson-centered planning should result in person-centered care.
- oWhat person-centered care means is continuing to evolve.
- oMeasures of HCBS quality also must evolve, to assess
 the achievement of person-centered outcomes and the effectiveness of services in supporting those.



Developing New HCBS Quality Measures: Identifying Key Concepts

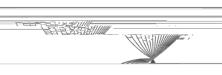
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 - National Quality Forum has defined domains of HCBS quality
 - oOnly some of those domains address person-centered outcomes: choice and control, community inclusion, and holistic health and functioning.
 - oFocus group with Participant Advisory Council identified important concepts within those domains
 - We identified those domains and concepts lacking strong, person-centered measures
 - othe Advisory Council provided input to identify the final set of 9 measure concepts for development

HCBS Measure Concepts Under Development



- Choice & Control over Personal Expression
- Choice & Control over Living Arrangement
- Choice & Control over Finances
- Choice & Control over Healthcare
- Choice & Control over Diet and Nutrition
- Choice & Control over Meaningful Relationships

- Choice & Control over How Time is Spent
- Community Engagement
- Dignity of Risk



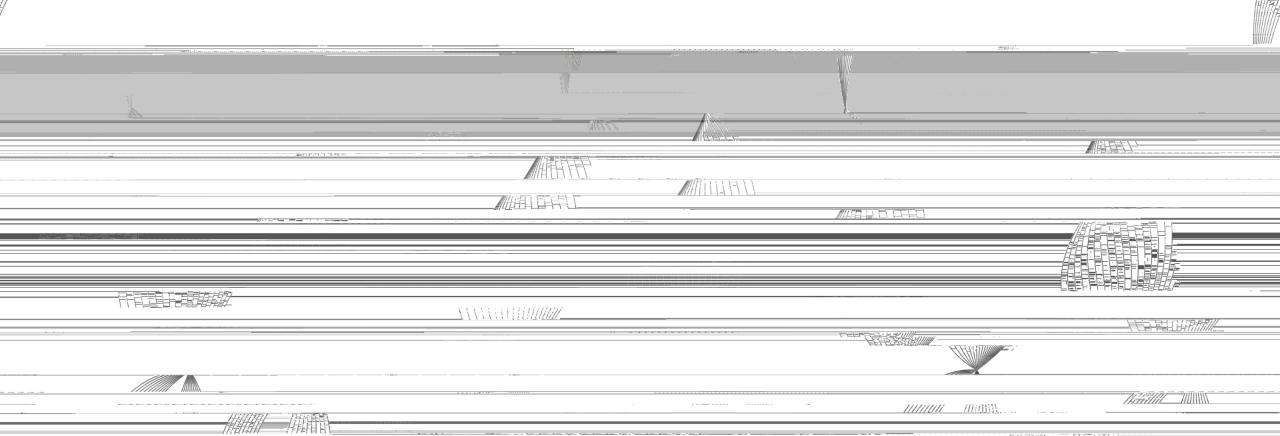
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Choice and Control Over Personal Expression



The level to which the person makes and acts on decisions about personal expression and style. That can include things such as how they



Choice and Control Over Living Arrangement



The level to which an individual has choice and control over where they live, who they live with, and with whom they share a room (if relevant).

People may value different things when selecting a preferred living arrangement, and those values may be affected by different cultures and backgrounds.

Living arrangements include such things as living alone, living with others, and the type of communal setting. The living environment also is important, and is distinct from the living arrangement. The living environment addresses such things as the attitudes and beliefs of others in a shared living environment as they affect the individual (e.g., cultural biases/prejudices). Individuals may consider the living environment as part of their choice of the living arrangement.

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Choice and Control Over Healthcare

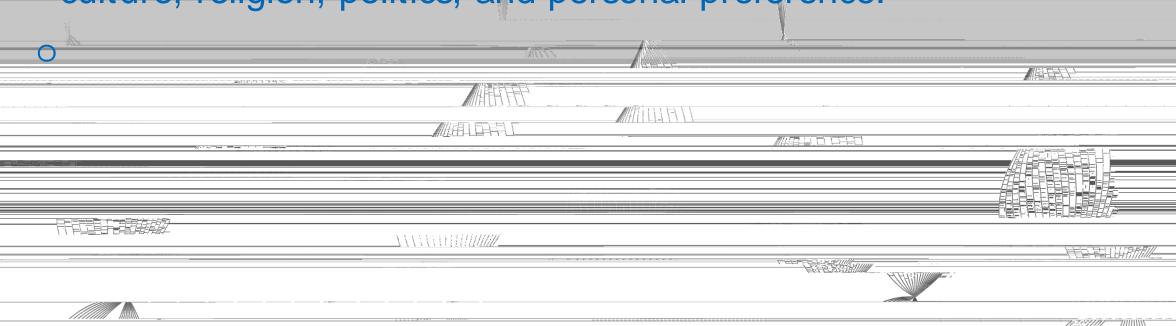


The level to which HCBS consumers are enabled to make informed decisions about health care. People are enabled to make decisions when they have information that is provided in accessible, meaningful ways, and can access other necessary health care resources (e.g., physically accessible exam tables, testing equipment). People also need to be given the right to make choices about health care, or to designate others to assist in making decisions. Decisions should not be made for the in without their consent and meaningful input

Choice and Control Over Diet and Nutrition



The level to which the individual makes and exercises choices about what they eat. A person can make these choices for many different reasons. Reasons can include health, finances, culture, religion, politics, and personal preference.



Choice and Control Over Meaningful Relationships

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The extent to which the individual makes and acts upon choices about forming and maintaining close, intimate relationships with individuals or communities of their choosing. Individuals choose who they want to have relationships with. Such relationships may be physical, sexual, and/or emotional. They may be with friends, family, or workers. People also may have meaningful relationships with animals, whether service animals or pets.

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Community Engagement



The level to which the individual is engaged with and integrated into communities of their choosing. Communities may be defined by culture, religion, sexuality, disability, or other shared interests or identities. The level and nature of engagement may vary by

include developing new communities, organizations, or activities; participating in the activities of a group; assuming a leadership

developing and maintaining friendships, or any other way in which the person wishes to be engaged.

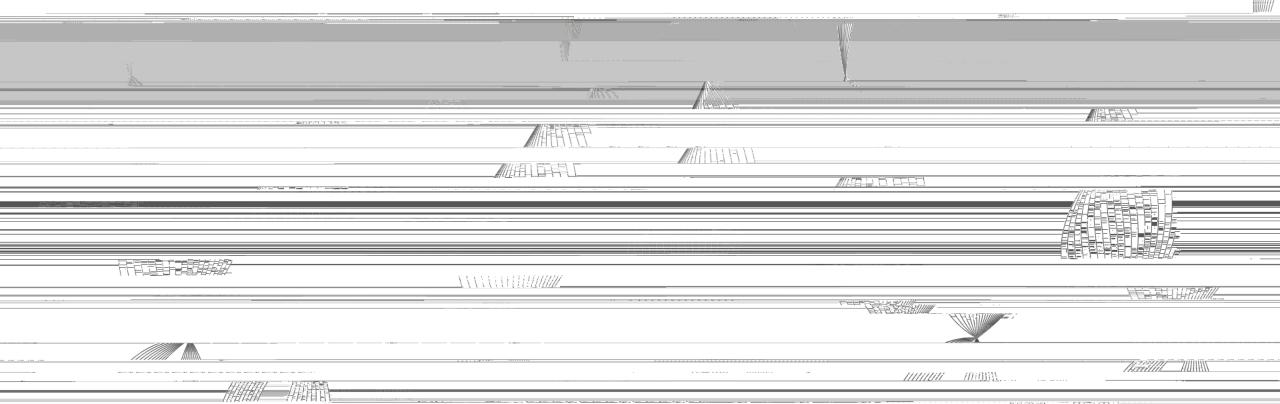
Dignity of Risk

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 - The level to which people make and act upon decisions, regardless of the risk that others believe such decisions pose. This includes receiving the necessary information and supports to assess risk, and to act on the decisions one has made, even when others believe those are unwise decisions.
 - or to others. Risk also includes taking a chance on pursuing things that could be very promising, such as applying for a job or promotion. Risks also may include such things as signing contracts; decisions related to health; pursuing an emotional relationship; getting married; managing money, having a child, pursuing physical risky activities (e.g., skycliving), and other activities.

Dignity of risk is about who has control of decision making.

Focus of Measures Being Developed

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 - •Achievement of person-centered outcomes
 - o Effectiveness of HCBS in supporting the person-centered outcomes

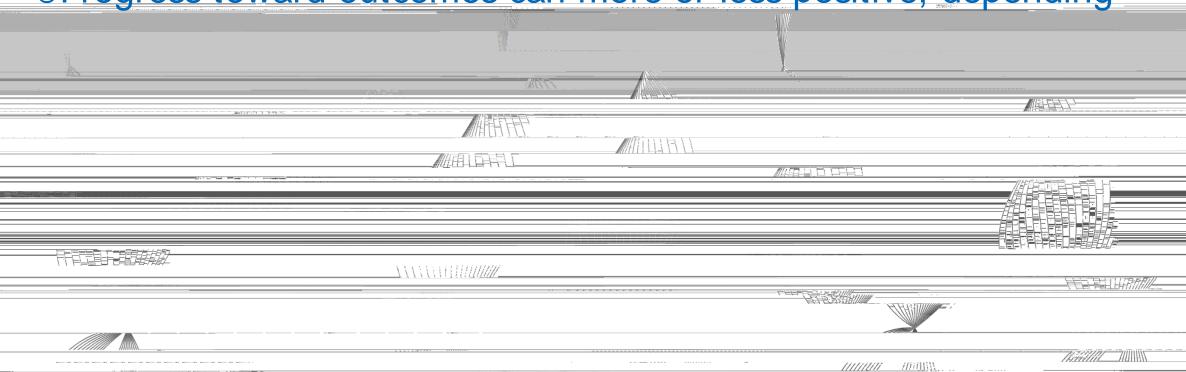


Achievement of Person-Centered Outcomes



Outcomes can take varying amounts of time to achieve, for various reasons

Progress toward outcomes can more or less positive, depending



Effectiveness of Supports



Supports may come from a variety of sources

- Family and friends
- Community organizations
- HCBS provider
- Transportation services
- Service recipient
- Other



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providers

Current Stage of Development

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 - Data collection tools are being revised with input from two Advisory
 Councils
 - Data collection tools will undergo cognitive testing and revision
 - oData will be collected from HCBS participants, to test the reliability and validity of the data and resultant measures















Would You Like to Be Involved?



- o We will be reaching out to states and HCBS providers to serve as partners in testing.
- o If you are interested in knowing about this opportunity, please contact:

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<u>Or</u>





