

# INside the OUTcomes: A Rehabilitation Research Podcast

## Episode 2: Working Through Parkinson s Disease

## SHARON PARMET, HOST:

Welcome to INside the OUTcomes: A Rehabilitation Research Podcast of the Center for Rehabilitation Outcomes Research at Shirley Ryan AbilityLab. I'm your host, Sharon Parmet.

Today we're going to talk about a really tricky subject: disclosing a disability at work, in particular Parkinson's disease.



realize that actually, most traditional health care workers, even you know, allied health rehabilitation providers, so physical, occupational, and speech therapists, as well as our doctors, and our nurses really don't know a lot about employment, and emplo



#### SHARON:

Thanks, Dr. Rafferty, I will leave some information on how people can find the support group in our show notes. And I want to ask Lynn, the same thing, what would you say to someone who's just diagnosed and is working and is in this situation?

#### LYNN:

and you have this sort of process of grief. But after an initial diagnosis, give yourself some time and know that all the bad things that you might have read the list. SO just know that you wi

ho would some day have to take care

like you who can help you through that and you can share some of those similar concerns. Does that ma

#### SHARON:

Rafferty, thank you for being here and we will share information on how people can find the PD and Employment group at Shirley Ryan AbilityLab in our show notes and Lynn, thank you so much for sharing your journey and being so open and generous in speaking to me for the podcast.

## LYNN:

Thank you.

#### DR. RAFFERTY:

Thanks, Lynn and Sharon, for organizing the podcast.

## SHARON:

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